

# We Are the Ones

## Transcript

BASED ON

A Message from The Elders, Hopi Nation, Oraibi, Arizona.

We have been telling the people that this is the Eleventh Hour.  
Now you must go back and tell the people that this is the Hour.  
There are things to be considered.  
Where are you living?  
What are you doing?  
What are your relationships?  
Are you in the right relation?

Know your garden.  
It is time to speak your truth.  
Create your community.  
Be good to each other.  
And do not look outside yourself for a leader.  
This could be a good time!

There is a river flowing now very fast.  
It is so great and swift and there are those that will be afraid.  
They will try to hold on to the shore.  
They will feel they are being torn apart and they will suffer greatly.  
Know the river has its destination.  
The elders say we must let go of the shore, and push off into the river.  
Keep our eyes open, and our head above the water.

See who is in there with you and celebrate.  
At this time in history, we are to take nothing personally.  
Least of all ourselves.  
For the moment that we do,  
Our growth and our journey comes to a halt.  
All that you do now must be done in celebration.  
For we are the ones we've been waiting for...

Stand Up  
Stand Tall  
Stand Together  
Trust Yourself  
Trust Each Other  
Find Courage  
Face the Future  
Work Together

Do what you can, with what you have, where you are.

—*Winston Churchill*